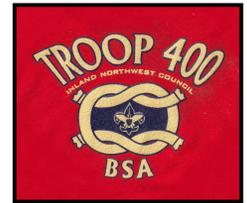


Scouting Times

Troop 400
www.troop400.net
December/January 2011



Troop Leadership

Troop 400 is led by a group of young men who have been elected by their fellow Scouts to serve in a leadership capacity for a six month term. Beginning in January, the following Scouts assumed the leadership for the Troop:

Senior Patrol Leader	Nick Cantrell
Assistant Senior Patrol Leader	Hunter Simpson
Scribe	Mathew Merrick
Den Chief	Ryan VanSteenkist
Patrol Leaders:	
Phoenix	Matthew Nelson
Falcons	Brian Choate
Eagles	Tyler Durall
Jackalopes	Tyler Haase
Geckos	Jamie Adair
Wolverines	Ethan Cantrell

These Scouts will be in these positions through August. Please thank these Scouts for their service to the troop!

Troop 400 Outdoor Program: We put the "Outing" in "Scouting"

Here are a few things that have been going on in Troop 400!

Palouse Falls

Our November event was a "no stoves" campout held at Palouse Falls. Only cooking over an open fire or in a Dutch oven was allowed. This campout usually results in the best eating of any of our monthly events and this one was no exception!



Scout All-Nighter

This perennial favorite of the Scouts was held on the night of December 17th. Activities included advanced video-gaming and midnight battle ball.

The Scout Oath:

**On my honor, I will do my best
To do my duty to God and my country
and to obey the Scout Law;
To help other people at all times;
To keep myself physically strong, mentally
awake, and morally straight.**

Summer Camp Update

Mark your calendars for the week of July 24 - 30! This is the date Troop 400 will be going to summer camp at Camp Pigott in the Chief Seattle Council. Our Troop has never attended summer camp at Camp Pigott so this year's experience will sure to be memorable. We're still in need of adults who want to spend a week acting like a kid again! For more information contact Gary (570-3721).



Annual Physical Requirements

As with all long term camping (over 72 hours) you need to have a current physical on file. These have to be updated annually and only the BSA forms can now be used. Plan now to get your annual physical! Follow the link below the obtain the current BSA physical forms.

<http://www.troop400.net/documents/MedicalForm.pdf?attredirects=0>

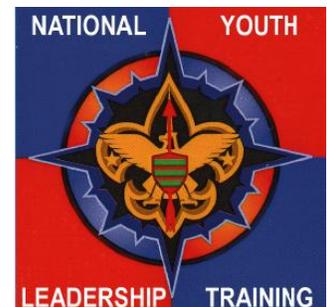
National Youth Leadership Training

National Youth Leadership Training is an intense, 6 ½ day outdoor experience for youth leaders. Training will be held at Camp Cowles the week of August 14. Now is the time to start planning if you want to go. Minimum criteria to be considered for this training are:

- 13 years old and 1st Class by August 14
- Currently hold, or eligible to hold, a unit level leadership position in the troop (SPL, ASPL, etc.)
- Have at least 15 days and nights of Scout camping experience including at least one long term camp
- Submit a completed interest form and a \$25 nonrefundable interest fee to the Council

Deadline for nominations is coming up so act soon! For more information click on the following link:

<https://www.doubleknot.com/openrosters/ViewOrg/Link.asp?LinkKey=4723&orgkey=778>



Upcoming Events

MLK Holiday – No Meeting	Jan 17
Committee Meeting	Jan 24, 6:30 pm
Klondike Derby	Jan 21 – 23
Patrol Leader's Council	Feb 2, 6:30 pm
Webelos Invitational	Feb 12, 9:00 am
President's Day – No Meeting	Feb 21
Campout	Feb 25 – 27
Committee Meeting	Feb 28, 6:30 pm

A Note from the SPL

Happy New Year Troop 400.

My name is Nick Cantrell and I will be your SPL for the next eight months. I am a sophomore at University High School and I am a Life Scout. The positions I have held are librarian, ASPL, and patrol leader (twice). I have been in scouting since I was a tiger cub in pack 420. I am an original member of the Gecko patrol.

I have high hopes that these next eight months will be great. Let's do our best to enforce the patrol method and have the patrol leaders get the patrols squared away so the meetings will go smoothly. I also want to establish solid communication with the patrol leaders so we can get good turnouts for our events. I have a new idea to encourage patrol outings. I will be offering a reward for the patrol that did the coolest thing. I'm open to any ideas or suggestions that we could do to improve our troop. Let's keep this troop organized and running smoothly!

Thanks to the scouts that elected me! Ill do my best to help this troop.

Nick



Scoutmaster's Minute

We spend quite a bit of time in the Troop learning how to 'Leave No Trace' on our camping trips. We take extra care to ensure that we leave as little impact as possible and let others enjoy the unspoiled outdoors. But, you all know that no matter how hard we try, we do leave a trace – a footstep, some matted down grass, a broken twig.

When camping, we concentrate on the 'physical' traces we leave behind. But, every day, we are leaving a trace of our passing. Everywhere you go, everyone you meet, and everything you do leaves a trace that you were here. If you say something hurtful, you leave an ugly trace that can take a long time to heal over. If you thank someone for being helpful, that can leave a good trace.

You may only interact with a stranger for a couple seconds or with your friends for a couple hours, but no matter how long it is, you leave a trace of your passing all the time. It's up to you to leave a trace that makes the world a better or worse place.

You may not think a cheerful 'Hello' to a kid at school, or a courteous 'Thank You' to someone that serves you, or a helpful holding the door open for a stranger, or a friendly smile to a small child in the mall really makes any difference – but it does!

So, no matter what you do, you WILL Leave a Trace. Do your best to make it a Good Trace!

Gary

